



Ephrata Community Hospital
169 Martin Ave.
Ephrata, PA 17522
Tel: 717-738-6415

Gettysburg Hospital
147 Gettys St.
Gettysburg, PA 17325
Tel: 717-337-4120

York Hospital
1001 S. George St.
York, PA 17405-7198
Tel: 717-851-2579

INSTRUCTIONS FOR SEMEN SPECIMEN COLLECTION

Name _____

Collection Date _____

Date of Birth _____

Collection Time _____

Physician _____

Post-Vasectomy Screen

Completed Semen Analysis

POST-VASECTOMY SCREEN: At least six ejaculations are needed for spermatozoa to clear from the semen after vasectomy. Collect the specimen after this period of time as instructed by the doctor. The collection container should be a clean wide-mouth glass jar or a sterile specimen container.

COMPLETE SEMEN ANALYSIS: A 2-7-day abstinence period is necessary for this test. The Seminal Fluid Collection kit supplied by the laboratory should be used. A sterile specimen container is also acceptable if no kit is available.

COLLECTION METHODS:

1. The specimen can be obtained by masturbation and ejaculated directly into the specimen container. Collect the entire specimen avoiding spillage. If any of the specimen is spilled, label the sample container as **Incomplete Specimen**.
2. The sample can be obtained through intercourse if the non-spermicidal polyurethane condom provided in the Seminal Fluid Collection Kit is used. Other condoms are not acceptable because they often contain spermicidal lubricants and powders.

NOTE: Contraceptive solutions and lubricants cannot be used.

The sample must be maintained at a temperature between room and body temperature until it is submitted. Keep the sample close to your body to keep it warm. **Label the specimen container with the patient's name, date of birth, date and time of collection.**

SPECIMEN DELIVERY:

YORK HOSPITAL - The specimen must be delivered to the Collection Center at York Hospital **within 1 hour after collection between the hours of 6:30 a.m. and 9:30 a.m., Monday through Friday.** Specimens are not accepted on weekends or holidays. If necessary, special arrangements can be made with the lab to accept specimens on a Saturday morning by calling 851-2579. Registration should be completed prior to taking the specimen to the Collection Center. Patients may register with Patient Registration in the Atrium at York Hospital or on-line.

GETTYSBURG HOSPITAL - The testing must be scheduled by calling 717-337-4120 or 717-339-2341. The specimen must be delivered to the Out-patient Laboratory at Gettysburg Hospital **within 1 hour after collection between the hours of 7:30 a.m. and 10:00 a.m., Monday through Friday.** Specimens are not accepted on weekends or holidays. If necessary, special arrangements can be made with the lab to accept Post Vasectomy specimens only, on a Saturday morning.

EPHRATA COMMUNITY HOSPITAL- The testing must be scheduled by calling 717-738-6415. The specimen must be delivered to the Hospital Laboratory **within 1 hour after collection between the hours of 8:00am-11am, Monday through Friday.** Specimens are not accepted on weekends or holidays. If necessary, special arrangements can be made with the lab to accept Post Vasectomy specimens only on a Saturday morning.

For complete semen analysis, fill in the information below and submit it with the specimen.

1. What time was the specimen collected? _____
2. Was any of the specimen spilled? _____ If so, when? _____
3. I did not have an ejaculation for _____ days before producing this specimen.
4. Method of sample collection: Masturbation Intercourse using Seminal Fluid Collection Kit
5. Number of days of abstinence _____
6. Was the specimen maintained between room and body temperature before it was submitted? Yes No